

True Happiness is Possible by Replacing Worry with Worship

Part 1 -Philippians 4:5-7

I. Replace Worry with Worship through your Prayers.

A. Worry needs to be replaced.-Phil. 4:6a

1. It is sinful. - Mat. 6:25,31,34

a. Choosing to worry points to a trust problem. - Prov. 3:5-6

b. Choosing to worry points to a truth problem. - John 8:44

2. It is worthless. - Mat. 6:27,34

3. It is worldly. - Mat. 6:31-32

B. Worship needs to be practiced through prayer.

1. Because of who God is - Mat. 6:25-34

a. He is the Creator and Sustainer of all things. - Mat. 6:25-30

b. He is our Provider! - Mat. 6:32b-33

1) We can talk to God! - Phil. 4:6

2) We can talk to God about anything! - Phil. 4:6

3) We should thank God in all things. - Phil. 4:6

4) We can trust God for everything we need! - Phil. 4:19

2. Because of what God has promised

a. His presence - Phil. 4:5b-6

b. His peace - Phil. 4:7

1) God's peace is foundational. - Phil. 4:7a

2) God's peace is immeasurable. - Phil. 4:7b

3) God's peace is practical. - Phil. 4:7c